COVID-19 Infection and Action Chart

**LOW/MODERATE RISK**
(Asymptomatic or mild symptoms)

- Helps to reduce viral load,
  best when given early in disease when symptoms are minimal

**HIGH RISK**
1. >18 year old with Diabetes, Kidney Disease, BMI>35, Immunosuppressed
2. >55 year old with Heart or Vascular Disease, COPD/Asthma, Hypertension
3. >65 year old
4. <1 year old, Diabetes, chronic lung issues, Sickle Cell disease, Heart disease since birth, Immunosuppressed

**ASYMPTOMATIC, MILD, MODERATE**
(Fever, Chills, Fatigue, Cough, Congestion)

- Monoclonal Antibodies (Etesevimab: Bamlanivimab (Lilly)/ Etesevimab (Regeneron)
  Ask your doctor about monoclonal antibody

- Early Diagnosis is key
  Works best when given within 7 days of the onset of symptoms
  Helps to reduce viral load, best when given early in disease when symptoms are minimal
  DOES NOT WORK ONCE YOU REACH CRITERIA FOR HOSPITAL ADMISSION

**SEVERE SYMPTOMS**

- Shortness of breath
- Chest pain
- Hypoxia (low oxygen)
- Hypertension

**CALL 911**

This is in collaboration with the Health Professionals Committee of the National Muslim Task Force on COVID-19