



Prepare for yourself and your children for their COVID vaccination appointment

- Talk to your child/teen before the visit about what to expect during their vaccine appointment.
- Like with adults, tell the vaccine provider if your child has any allergies to any ingredient in the Pfizer COVID-19 Vaccine.
- To prevent fainting and injuries related to fainting, your child should be seated or lying down during vaccination and for 15 minutes after the vaccine is given.
- Like with adults, after your child's COVID-19 vaccination, they will be asked to stay for 15–30 minutes so they can be monitored just in case they have a severe allergic reaction and need immediate treatment. [Severe allergic reactions are not common].
- Ask the vaccine provider about registering your child for V-SAFE after they get their shot. V-SAFE is CDC's free, smartphone tool that uses text messaging to check in with you/your child after they get their COVID shot. (Parents can register and respond to V-SAFE text messages for their children.) If your child recently got their COVID vaccine, but haven't already registered for V-SAFE, [click here to register](#).
- After your child gets their dose, you will get a COVID vaccination card